

There will be no correct clothes  
There will be no proper payment  
There will be no right answers  
No glorified teachers  
No ego no script no pedestals  
No you're not good enough or rich enough  
This yoga is for everyone  
This sweating and breathing and becoming  
This knowing glowing feeling  
Is for the big small weak and strong  
Able and crazy  
Brothers sisters grandmothers  
The mighty and meek  
Bones that creak  
Those who seek  
This power is for everyone

# Yoga to the People™

All bodies rise

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**12 St. Marks Place (at 3<sup>rd</sup> Ave), New York, NY 10003**  
**917. 573.YOGA (9642) • [www.YogaToThePeople.com](http://www.YogaToThePeople.com)**